



Fri, Mar 26
6:00-9:00pm
DONATION ONLY !!!
Moksha Logan Square

R E G I S T R A T I O N F O R M

NAME _____

ADDRESS _____

CITY, ST, ZIP _____

PHONE _____

EMAIL _____

\$15 DEPOSIT REQUIRED TO REGISTER

PMT AMT CASH CHECK VISA/MC AMEX DISC ONLINE

CARD NO. _____ EXPIRATION DATE _____

SIGNATURE _____

O F F I C E U S E O N L Y

OMBASE ENTRY BY _____ DATE _____

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EMAIL CONFIRMATION _____ DATE _____

S P E C I A L E V E N T

A U B R E Y H A C K M A N

B h a k t i J i v e ! - J i v a S t y l e

Learn the roots of this ancient form of yoga and how to bring it into your daily life. Discover why no one should live without the beauty of Bhakti (devotion) and how to integrate the fundamentals of one of the most available forms of yoga into your asana (posture) practice. This session will be taught as a traditional Jivamukti class fusing asana, chanting, music and meditation in an unforgettable Bhakti experience.

Aubrey Hackman is a certified Jivamukti instructor and founder of the Telluride Yoga Festival. With a strong devotion to the practice of yoga, Aubrey has made it her life's work to find the best teachers and to bring that quality of instruction to others whether through the actual festival or her teaching. Her teachers, Sharon Gannon and David Life (founders of Jivamukti Yoga), have illuminated a passion for non-violence and conscious living along with a strong foundation in Yogic philosophy, Asana, Sanskrit, and Vedanta. She also has studied Ashtanga for years with various teachers. Though Jivamukti yoga includes a somewhat rigorous vinyasa practice, Aubrey ties in the alignment principals found in different styles of Hatha Yoga and offers therapeutic or restorative classes as well.

