

Moksha Yoga Center

Advanced 500hr Teacher Training

2021 Schedule

Meetings...

1) Wednesday's

Daytime: 11am-2:30pm (3.5 hrs) weekly ...OR... Evenings: 6-9:30pm (3.5 hrs) weekly

2) Saturday's

12-5pm (5 hrs) - once per month

3) Sunday's

10am-3:30pm - 5 sessions of your choice

Dates...

Wed's 23 sessions x 3.5 hrs = 80 hrs

Mar 17, 24, 31, Apr 7, 14, 21, 28, May 5, 12, 19, 26, June 2, 9, 16, 23, 30, July 7, 14, 21, 28, ug 4, 11

plus...

Sat's 6 sessions x 5 hrs = 30 hrs

Mar 27, Apr 24, May 22, June 26, July 17, July xx

plus...

Sun's 5 sessions x 5 hrs = 25 hrs

Your choice of dates March - July

Hours...

- Wednesday's 80
- Saturday's 30
- Sunday's 25
- Electives/Repeat Course 135
- Homework Non-Contact 30
- Grand Total **300**

Schedule...

Assignment 1
Wed, Mar 17

Assignment 2
Wed, Mar 24
Sat, Mar 27

Assignment 3
Wed, Mar 31

Assignment 4
Wed, Apr 7

Assignment 5
Wed, Apr 14

Assignment 6
Wed, Apr 21
Sat, Apr 24

Assignment 7
Wed, Apr 28

Assignment 8
Wed, May 5

Assignment 9
Wed, May 12

Assignment 10
Wed, May 19
Sat, May 22

Assignment 11
Wed, May 26

Assignment 12
Wed, June 2

Assignment 13
Wed, June 9

Assignment 14

Wed, June 16

Assignment 15

Wed, June 23

Sat, June 26

Assignment 16

Wed, June 30

Sun, July 4 Independence Day

Assignment 17

Wed, July 7

Assignment 18

Wed, July 14

Assignment 19

Wed, Mar 3

Assignment 20

Wed, Mar 10

plus Sattvic Potluck