

Teacher Training Application

1. Name/Address/Phone/Email/B-Day (without year please).
2. What is your experience with yoga? How long have you practiced, which teachers/styles/methods have influenced your practice, and has your practice been a straight line or a hilly landscape with valleys and peaks?
3. What is your intention/goal/purpose for teacher training?
4. Share with us a bit about your personal history such as family, schooling, work, hobbies and interests.
5. Please let us know of any illnesses or injuries you feel comfortable sharing.
6. Please let us know of any medications.
7. Please inform us of your emergency contact: name, relationship, phone & email.
8. Tell us something interesting about yourself. Don't skip this one!